

Pre-school Topics, Block 1—The Human Body

Week 1

I am different from grass

Point to emphasize

Man is different from plants and animals. (Discover differences in physical appearance, anatomy, locomotion, and functions of physical features.)

References

Isaiah 40:8; Psalm 104:14

Sample content and conversation with children

Have the children sit on grass, if possible. Ask them to take a blade of grass and look at it. Simply ask one of them, "(Child's name), are you the same as grass?" (Most will say "NO".) Ask, "How are you different?" Let each child tell you how they are different from grass. You could keep track by writing their answers down.

Examples:

- I am not green. (Adult response: That is right. None of us are green. We certainly can be born with different colors of brown, black or white skin but no one is ever born green.)
- The grass is just a straight thing. (Adult response: Yes, grass is only a blade. What do you have instead of a straight blade?) I have a body.
- The grass does not have any legs or arms like me. (Adult response: That is true. What does the grass have at this end? Roots.) But I have feet so I can move. The grass stays in one place all the time.
- The grass does not have a head. (Adult response: That is right!)

Take the children to where they can draw on paper. Go over their examples. Together draw a simple picture to show the differences between them and grass that they mentioned. Label the grass. Then label the ME part, like "my hands", "my feet", "my head".

These drawings become a picture book for them to share with family. Practice with the children how to use their picture book when they share it with others. Once you are sure that each child can explain their picture book to a parent you can say something simple like, "Our books show us that God made us different from grass. That is wonderful! God made us in a special way!"

Suggested activities/games

Drawing, jumping, eating, saying hello

Suggested songs

Did the flowers and the trees just happen?
Look at all the flowers

Pre-school Topics, Block 1—The Human Body



Pre-school Topics, Block 1—The Human Body

Week 2

I am different from flowers

Point to emphasize

God created the flowers. Flowers are beautiful, colorful with a fragrant smell but they are not at all like us. (Discover differences in physical appearance, anatomy, locomotion, and functions of physical features.)

References

Genesis 1:29; 2:9

Sample content and conversation with children

Have the children look at flowers. Lead them to admire their color, their shape, their texture, their fragrance. They are so beautiful! Ask-Are you the same as these flowers? How are you different? Explore with the children the following facts:

- Petals versus hair. Have them talk about characteristics and benefits of hair.
Do you know why we have hair on our heads? Our hair keeps our head warm and it also provides a little cushioning for our skull. Eyelashes protect your eyes by decreasing the amount of light and dust that go into them, and eyebrows protect your eyes from sweat dripping down from your forehead.
- Leaves versus arms. Have them talk about arms and hands
We have two arms. Each arm can help us reach all kinds of things. Each arm has an upper arm, a forearm, a wrist and a hand. What are other things we can do with our arms? Let the children answer. Can you imagine if you had no arms? Every task would be so difficult! Let's try to reach for a book without using our arms. Impossible, right?
- Stem versus body. We have a physical body with which we can touch, smell, hear, see and taste. A flower can't do any of that!

We are the only in the whole creation that has two arms, two hands, a body and hair! A flower is beautiful but I prefer having hair, two arms and a body! I am happy God created me this way!

Suggested activities/games

- Use a ruler and measuring tape and explore your arms together and explore all the movements your arms can do.
- Talk about hair (grows and need to be cut, you need to brush/comb it).
- Explore your five senses.

Suggested songs

Hold out your hands! Aren't they wonderful?
Not one sparrow
Wonderf'ly

Pre-school Topics, Block 1—The Human Body



Pre-school Topics, Block 1—The Human Body

Week 3

I am different from trees

Point to emphasize

God created the trees. There are many wonderful things about trees, but they are not at all like us. God created us in the best way! (Discover differences in physical appearance, anatomy, locomotion, and functions of physical features.)

References

Genesis 1:29; 2:9

Sample content and sample conversations with children

Begin by having them each draw a tree and then show it to the others. (To give them a time limit, you could play one song – tell them we will stop when the song is over.)

Have children look at pictures of different trees. (redwoods, fruit trees, willows etc. - some trees mentioned in the Bible are fig, sycamore, palm, olive, oak, pomegranate, etc.)

Are you the same as these trees? How are you different?

- Redwood – the General Sherman tree in the Sequoia National Park is the world’s largest tree – SO BIG! We can never be as big as a redwood, BUT we can move around and go anywhere we want. The redwood can only stand there. Let’s all do 5 big jumps!
- Fruit trees – pomegranates, apples, olives, figs, oranges, there are so many trees that grow fruit, BUT they can’t cut themselves up, mix themselves together and make a fruit salad like we can. They can’t even eat, because they don’t have a mouth. Let’s all make a fruit salad!
- Varieties of trees – willows, sycamore, palm, oak, etc., there are so many sizes, shapes and colors of trees. Trees just stay in one place, all alone. People also have a lot of variety. We have boys and girls, tall and short, light and dark, so many different sizes, shapes and colors. BUT, we can all get together and play – even if it’s on zoom - no matter how different we are. Let’s all take turns saying hello to one another right now!

I’m so glad that God created me this way!

Snack ideas

Fruit salad

Suggested activities/games

Drawing, jumping, eating, saying hello

Suggested songs

Did the flowers and the trees just happen?
Look at all the flowers

Pre-school Topics, Block 1—The Human Body



Pre-school Topics, Block 1—The Human Body



Orange Tree



Pomegranate Tree

Fig Tree



Pre-school Topics, Block 1—The Human Body



Fruit Salad

<https://www.courtneysweets.com/best-fruit-salad-recipe-for-kids/>



Pre-school Topics, Block 1—The Human Body



Variety of Trees
Olive, Oak, Sycamore,
Willow, Palm



Pre-school Topics, Block 1—The Human Body



Pre-school Topics, Block 1—The Human Body

Week 4

I am different from fish

Point to emphasize

Fish swim but we have two legs and two feet. (Discover differences in physical appearance, anatomy, locomotion, and functions of physical features.)

References

Genesis 1:29; 2:9

Sample content and conversation with children

As you start gathering the children, ask them, "Have you seen a real fish?" If you are able, try to bring a real fish! If not, bring pictures or short video clips showing fish swimming. Have the children look at the fish. Wow! Enjoy with them looking at the colors and shapes of the fish. Ask them, Do the fish look like me? Do the fish look like you?

- Swimming versus Walking/Running/Jumping. How is this fish moving? Is the fish walking? Is the fish running? Is the fish jumping? [Wait for their responses. Lead them to see that the fish swims.] Wow! God created the fish and put them in the ocean, in the rivers, in the lakes. The fish bends his body pushing the water backwards and moves his body forward. Swimming is so great! Who knows how to swim? Can you stay under the water for 1 minute? No, right. But the fish stays underwater it's whole life! Now, the fish swims, BUT, you can walk! Let's all take three steps forward 1, 2 and 3. Wow!! You can go exactly where you want to go! Now, let's all jump! Let's see who can jump the highest!
- We have two legs and two feet. What can we do with our legs? [Have the children do all these things with you.] We can bend our legs! We can squat. We can cross our legs. We can stand tip toes. We can stomp our feet. How many toes do you have in each foot?

I am so happy I am not a fish! I am so happy God created me with two legs and two feet! I can do so many things with my legs and feet. I can walk, I can jump, and I can run!

Suggested activities/games

- Have the children laying on their back and pretend to ride a unicycle.
- **Place** painter's tape directly on the floor, or use sidewalk chalk outside the home and have the children walk following the path. Ride tricycle if you have one. Climb playground equipment. Balance beam- Have your child attempt to stand on a 2 inch balance beam and take some steps.
- Walk around the neighborhood or park. For variety, add in marching, jogging, skipping, hopping as you go and remind the children they are using their legs and feet to go places.

Suggested songs

Remember, remember, remember God made you.

Video of swimming fish

<https://www.shutterstock.com/video/clip-14313757-fish-swimming-tropical-freshwater-aquarium>

Pre-school Topics, Block 1—The Human Body

Week 5

I am different than ants and roly pollies

Point to emphasize

God created the ants and roly pollies but they are not like us. (Discover differences in physical appearance, anatomy, locomotion, and functions of physical features.) Serving ones can choose to emphasize either the ants or roly pollies.

References:

Genesis 1:24; Psalm 104:24, 25b

Sample content and conversation with children

As children gather around, if possible, get a live ant (or roly pollie) or a picture of it and ask them: What is this? Have you seen any around your house? Depending on time of day, weather and setting, you can ask them to go outside and see if they could find and bring one to look at.

Ants:



Pre-school Topics, Block 1—The Human Body

Rolly Pollies:



Using the pictures or actual ant (or roly pollie), explore with the children: Let's take a closer look at this ant. Can you see it? The Bible says God created all animals, even these tiny ants. Now, is this ant like you? Do you look like this ant? Ask questions that would cause them to think how they are different from the ant:

- How many **legs** does this ant have? 6! How about you? 2!
(If using a roly pollie, ask similar questions. Rolly pollies have 7 pairs of legs!)
- How does it **move**? When you have six legs (or 14), walking can get pretty complicated! This ant crawls alternating its legs. Let me show you a clip so you can see how it moves! Show a [clip](#) of an ant walking in slow motion. How uncomfortable would it be for us to move like that! We can stand and walk on 2 legs! (Rolly pollies can only roll up in a ball). And even with only two legs we can do a lot more than an ant! We can walk, jump, skip, kick a ball. Can you show me what your legs can do?
- What other differences do you see between this ant and you? We have **arms**, ants carry food in their mouth and on their head!
- Ants use their **antennae** to smell, feel, and touch what is ahead of or behind them as they crawl. They can also use the antennae to communicate with other ants. What about you? You and I have A NOSE to smell, HANDS to touch and a MOUTH to speak and eat; so we can smell more, feel more, touch everything, sing, whistle, talk, eat! We can do so many more things! How wonderful is that?
- What else? How about **size**? You're a giant compared to this teeny ant! (you can use the pic of the ant on the finger or hold it in your finger to show). We can easily be found but for many bugs including ants you may even need a magnifying glass to be able to see them better (use a magnifying glass if you have one). But I can see you!
Note: You can use a paperclip (or something small) to show how small they are:

SIZE RELATIVE TO A PAPER CLIP:



- If anyone brings up that they're crunchy, maybe you can say: That's right! They don't have skin like we have!

Pre-school Topics, Block 1—The Human Body

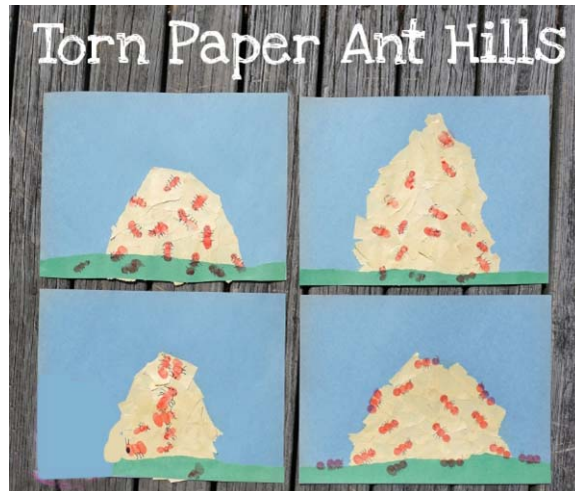
Conclude the time by emphasizing the things the children mentioned during this time. Our friends can easily see us because we're not tiny, we can walk on two feet, use our hands to touch, our nose to smell and our mouth to talk, sing, eat... We are happy God created us this way!

Suggested songs

Remember, Remember, Remember God Made You
God's Design

Suggested activities/games

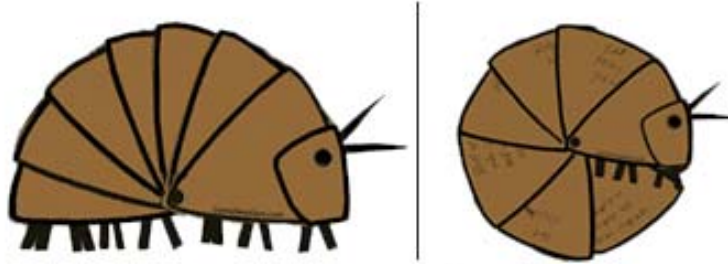
- Torn Paper Ant Hills With Fingerprint Ants



- Materials
 - washable red ink pad
 - ultra fine black marker
 - construction paper: brown or yellow, green and blue
 - glue stick
- Directions
 - tear up the brown or yellow construction paper
 - glue the torn paper on the blue construction paper to build or ant hill
 - tear the green construction paper to make some grass at the bottom of the ant and paper.
 - use the red ink and make three fingerprints together to build the body.
 - draw on the eyes, legs, and antenna of the ants

Pre-school Topics, Block 1—The Human Body

- Rolly Pollie Paper Craft



- Materials
 - Card Stock or Paper Plate
 - Colored Pencils or Crayola Crayons
 - Hole Punch
 - Clear Tape or Tacky Glue
 - Black Construction Paper
 - Black pipe cleaner
- Directions
 - Either make triangles of cardboard, or trim part of the rim off a paper plate, and then cut the paper plate into triangles. Punch a hole in the tips of the triangles. Then fasten with a brad, add antenna and eyes, and tape on pipe cleaner legs. This rolls up into a full circle like a roly poly bug.
- Go outside and look for ants (or roly pollies...) and observe all their features and how different they are from us, go back inside and draw what you found.