2019 Family Summer Camp Review—7/21/2019 Treasuring Our Time

<u>Point to Emphasize:</u> We can be those who make the best use of our time by investing rather than wasting it.

Memory Verse: "He will be a vessel unto honor, sanctified, useful to the master, prepared unto every good work." (2 Timothy 2:21b)

Notes for the storyteller:

Today we want to review the topic from our past Family Summer Camp. You may start by asking the children what they remember. Based on the feedback you receive, use the bullet points below to enrich the time. Please present these points according to the children's level as mentioned below. Remember to add your personal story of how you schedule your time or what activities you practice or have practiced in your "free time" that benefited you as you became the person you are today.

Beginner Level (Kindergarten or First grade): Present this topic in a way that would make the children aspire to make good use of their time by following a schedule and choosing the best activities.

Intermediate Level (Second or Third grades): Present this topic by demonstrating that it might be hard to schedule their time and to pick activities that require time and effort, but point out that those activities will help them be someone useful and with a good character. Spending time wisely now will allow them to reap a better reward later in life.

Advanced Level (Fourth or Fifth grades): Present this topic by showing the children that there are many ways of entertainment around us that seek to damage our body and our souls. Doing too much of these things will harm us physically and mentally and will ruin us. We want them to realize that the kind of person they will become in the future depends on the kind of things they do now.

- There is a time for everything. God gave us 24 hours in a day. There is time to sleep, time to eat, time to go to school, time to do homework, time to exercise, and we still have spare time. What should we do with our time? We can't eat all day because we will get sick. We can't exercise all day because we can die early. We need to be those who budget our time wisely. We can be those who do different activities that are safe and beneficial for us so we can grow and be someone useful to God. The things we do when we are children will impact who we are when we grow older.
- Time never comes back; therefore, we should not think that because we are young and seem to have plenty of time in the future, we can waste it. To redeem the time means to seize every favorable opportunity. To redeem the time implies having the right priorities and making the right decisions. Time passes by quickly, and it is in our hands to make the best of it.
- What do we do with our time? On the one hand, we have to take care of our needs. On the other hand, we should not be excessive, because excessiveness is harmful to our health. Although entertainment is necessary, too much entertainment is harmful to our mental health. In our human life we need relaxation and proper balance. The more balanced and relaxed we are, the healthier we are. As members of God's household, we also need entertainment, but our entertainment should not be excessive, and it should be proper. We need to be those who budget our time in a way that will help us grow in the best way. This will give us the best chance to be a healthy and upright person who other people can depend on and who can be used by God.